



A Passion for Jesus - A Love for Others

A Growing Community

We're on facebook

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TREASURER

Position Vacant

CHURCH OFFICE

Tel. 01323 896009

Monday to Friday

9am to 12 noon

office@seafordbaptistchurch.org.uk

Leadership Team

Jenny Chapman,

Sally-Ann Fatkin, Jim Howell,

Andy Lowe, Sandy Richards,

Penny Smoker, Sheila White

YOUTH & CHILDREN'S WORK

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A Passion for Jesus - A Love for Others

Sunday 16th January 2022 at 10.30am

All Age Family Service

Leading Worship: Sally-Ann Fatkin

Thought for the Week - Sabbath Rest by Sheila White

The Sabbath principle was introduced right at the beginning of creation, before the Law was given and it is still relevant today. It became part of the Law and Jesus was famous for breaking it in the eyes of the scribes and Pharisees. However He did not discard it but said 'the Sabbath was made for man, not man for the Sabbath' (Matthew 12:7). In other words, it is for our benefit but we are not meant to keep it in a legalistic way.

The main purpose of the Sabbath is REST. God did not need to rest after creating the universe but he was establishing a principle for man to follow. The Biblical Sabbath is from Friday sunset to Saturday sunset and this is still observed by Jews and some Christians around the world. It is a day when man rests from his work and gathers with family to celebrate God's creation. There is no doubt that resting every seventh day is beneficial to our body and soul. Interestingly there is no command to 'go to church' on the Sabbath. This idea probably comes from the instruction under the Law to 'keep it holy' meaning set apart, special, different from the other day.

It's very easy to let this principle of REST slip in our lives. I have recently discovered the danger of it in my own situation. It's no good continuing to ask the Lord for strength for each day if we don't obey the Sabbath principle! For some of us it is hard to draw a line between work and rest, especially if we are retired from 'normal' work. For some of us Sunday morning church is work. For housewives it's even more difficult as we tend to have work to do every day. Some friends once met a monk who was about to go on holiday and they asked him what work he would rest from. The answer was – prayer! The fact is we all need a day of complete rest from whatever our labours may be – not a half day or an occasional break but one full day per week. For those of us who like working, this is a discipline we must develop and be accountable. I don't think we have to adhere to Saturday as our Sabbath, indeed some of us cannot, but it is good to designate a day and to let others know what your 'day off' is so that they can respect it.

We all know that Andy's day off is Monday. It may be helpful to know that Alex's days off are Thursday and Saturday; Naomi does not work for SBC on Tuesday or Thursday; Richard only works mornings Monday to Friday and Judith's SBC work days are Tuesday, Thursday and Sunday. As for myself, I am not available Monday or Thursday but being 'retired' and voluntary means I can choose to have days off when I like!

A pre-recorded service will be live streamed with Roger Case speaking on Discipleship and creation - Psalm 24.

Our duty Leadership Team member today is Andy Lowe

Please remember in your prayers, thoughts and actions:

- Angela, Rachel, Naomi Ayres & Family, John & Jenny Elton, Gwen Farmer & Family,
- Peter Fickweiler, Roy & Edith Garrod, Robert Hammond, Robin Harman and Family,
- Fred & Hazel Harriott, Don Mann, Alan & Val Rogers, Em Stewart,
- Beryl Wilkinson, & those awaiting operations or results of tests.

Family Focus: Eddie & Sharon Giles, Rose Godfrey, Jean Griffin, Pat Grimley, Raeffe & Lynda Halford-Maw, Geoff & Lindsay Hall, Daniel, Roisin & Elizabeth Harmer.

If you want to make a direct payment/donation/standing order to the church the church account details are **sort code: 20-49-76 Acct no: 00143618**

CHURCHES TOGETHER
IN SEAFORD



JOIN US ONLINE
* LIVESTREAM SERVICE

That they may be One

TUES 9AM
18TH JAN

Leaders and members of the Seaford Churches,
will come together ONLINE to launch the
2022 Week of Prayer for Christian Unity

News from SBC

In addition to this Notice Sheet (online on Thursdays, in print on Sundays) SBC also sends out a Monthly Prayer Focus (online and in print) and a weekly more detailed News Update (Mondays, **online-only**) If you'd like to receive the other two bulletins please give your email address to Penny Smoker on a Sunday or c/o the Office. Penny maintains the SBC Address Directory.

The Youtube Link for this service will be: <https://youtu.be/S3-QNpDwtw>

The River Of Love

*I longed for the river to reach to me
That I might taste and see its reality
So I came to the waters to take a drink
But I stood, rather nervous, upon the brink
For it wasn't just a trickling stream,
But a mighty river, and, as in a dream
I took off my shoes and I ventured in
And it washed away my load of sin
So into the river I waded in haste
And the water it came right up to my waist
And it stripped away my filthy rags
And it made me sing, and it made me glad
And I bathed in the river, the river of love
The river that flowed from Heaven above
Then the waters they washed right over my head
And I knew, at last, that I was dead -
But in the river
In the river
In God's river
I've found my life again.*

© Mike Kerry ca 1979

Volunteers for Scallywags!



Scallywags may have delayed its restart this term but this Playgroup which meets term-time on Fridays would like to have some more volunteers please.

Babies and Children pre-school age, with a Parent or Carer, are offered toys, songs and refreshments. Up to 40 attend.

Helpers need to be there from 9.00 until 12.00, but if you cannot commit every week, or would like to be on stand-by for busy weeks, please contact Audrey Mulholland: on a Sunday, or by phone 01323 492465 or by email audgemul@talktalk.net

The OASIS Fellowship meet every Tuesday afternoon from 2:15 - 4pm. For the young at heart no matter what your age. Come and share the love and joy of the Lord. **Next meeting January 18th 2022**



**Today's Church flowers
Provided by
Derek & Penny Mills**

High quality orthopaedic recliner chair in excellent condition for loan to anyone who needs it. Transport provided. Please contact Phillip and Sheila White on 07738 181269